



JERUSALEM
PRINCESS
BASMA
CENTRE

Since 1965 under the Episcopal Diocese of Jerusalem, the centre provides unique and quality comprehensive rehabilitation services to children with disabilities and their families, focusing on the most vulnerable and disadvantaged.

- The centre treating hundreds of children with disabilities each year at its Child Rehabilitation Centre and through its Outreach Program.
- It is one of the big four national rehabilitation centres in the Palestinian areas, the only one amongst the four that is focused on children.
- The Child Rehabilitation Centre has received international accreditation from Joint Commission International for high quality service.
- The Inclusive school serving the children with or without disabilities, providing equal opportunity to children in the community.
- The Jerusalem Princess Basma Centre welcomes children and their families, regardless of ethnicity or religion.

<https://www.basma-centre.org/>

<https://www.youtube.com/watch?v=r6QNMHa8mow>

JPBC WORK AND MISSION

- **The Child Rehabilitation Centre** treats children with a range of disabilities by providing multiple therapies and rehabilitation services.
- **The Family Empowerment Program** is a residential program that equips parents to care for children at home and eases the cultural stigma and pressures associated with raising a disabled child.
- **The Outreach Program** runs 10 clinics in towns and villages across the West Bank where travel to Jerusalem is difficult.
- **The Professional Clinical Program** trains university students in best practice and inclusive policies for children with disabilities.

CHILD REHABILITATION CENTRE

IS THE HEART OF THE JERUSALEM PRINCESS BASMA CENTRE. HERE, CHILDREN (0-15YRS) WITH A RANGE OF CONGENITAL, NEUROMUSCULAR AND DEVELOPMENTAL DISORDERS RECEIVE SOCIAL, EMOTIONAL AND THERAPEUTIC ASSISTANCE. LOCAL CHILDREN ARE TREATED ON AN OUTPATIENT BASIS; CHILDREN FROM THE WEST BANK AND GAZA ENROLL IN RESIDENTIAL PROGRAMS FOR PERIODS OF 2-3 WEEKS.

Annually, the Centre treats around 1200 children. For these young patients, the Centre offers: Physiotherapy; Speech and Language Therapy; Occupational Therapy; Hydrotherapy; Sensory Therapy; Music Therapy; Psychosocial Support.



THE FAMILY EMPOWERMENT PROGRAM

IS A RESIDENTIAL PROGRAM THAT EQUIPS PARENTS TO CARE FOR CHILDREN AT HOME AND EASES THE CULTURE STIGMA AND PRESSURES ASSOCIATED WITH RAISING A DISABLED CHILD

Aims of the Program

Education Parents gain understanding of their child's disabilities as well as the training necessary to continue therapy when they return home.

Intervention & Support Parents receive help coping with the stress, cultural stigma, and pressures associated with raising a family with a disabled child.

Confidence Parents increase awareness and knowledge, enabling them to become strong advocates for their children in the wider community.

Through this program, Fathers also receive the awareness and therapeutic training necessary to support both his child and his wife when they return home.

Residential treatment for children from the West Bank

Ahmad and Razi's story



Ahmad lives with his family in the West Bank and has cerebral palsy. Last year, he was enrolled on his first two week residential Rehabilitation Programme at the Jerusalem Princess Basma Centre (JPBC).



Ahmad's mother had not been granted a permit to enter Jerusalem, so it was his father, Razi who travelled through the checkpoints to East Jerusalem with his son, becoming one of the pioneering fathers taking part in the Mother (and Family) Empowerment Programme. This programme runs alongside a child's treatment and trains parents in therapeutic techniques to continue with their children at home. Parents are also offered



individual and group counselling in addition to awareness-raising workshops, given that families can experience isolation and prejudice because of the stigma that having a child with a disability can bring within the community.

Razi has now accompanied Ahmad on six separate residential programmes and has learnt how to become a shadow therapist. He describes how,

"After each admission, I felt more empowered and more ambitious for my son."

Razi now talks about how much he has benefitted from his experience, especially from the 'Home Therapy Plan', which has enabled him to continue the important rehabilitation exercises with his son. He also describes how this plan has created a special partnership within his family; how he was able to teach his wife valuable skills and interventions as well as a positive 'can do' approach, to enable Ahmad to grow and fulfil his potential, especially through this time of pandemic where travel is limited.



The JPBC has started to receive children like Ahmad once again from the West Bank and Gaza.

Meanwhile, in a culture where the mother is traditionally the primary caregiver, Razi, by taking the lead responsibility for Ahmad's rehabilitation and care, is now a role model for all fathers within his community and a spokesperson for all parents who have children with disabilities:

"I hope that parents who have children with disabilities become more aware of their children's rights. My wish for them is to become more confident and proud. One thing people have to understand...our state of mind reflects powerfully on our children."



THE OUTREACH PROGRAM

MAP SHOWING PARTNER CLINICS IN THE WEST BANK SERVED BY THE JPBC OUTREACH PROGRAM

The Outreach Program has a dual focus attending to children in need and strengthening the local networks that care for these children.

Making over 60 outreach visits and assessing an average of 1500 children a year, this program is able to support families that do not have access to adequate medical expertise. Children in need of specialized treatment are referred to the rehabilitation centre in East Jerusalem.

The Outreach Program also offers professional development and awareness training to local clinicians and care centres, as well sponsoring ongoing education forums open to a wide range of healthcare workers. Through the Outreach Program, the JPBC cultivates a future where generations of children living with developmental disorders will have access to appropriate attention and care.

In 2019, the total number of children with disabilities who received assessment through the outreach visits and clinics was 1,294, which was done through 60 outreach visits and 116 doctor clinics reaching different Palestinian cities and villages in all the West Bank and East Jerusalem.



EMERGENCY APPEAL 2020 – JOIN US IN BEATING COVID-19

Jerusalem Princess Basma Centre has identified three areas of urgent need to continue its mission to serve Palestinian children with disabilities in Jerusalem and the West Bank in the wake of COVID-19.

- Our new virtual care model of therapy
- Residential treatment for children from the West Bank
- Treatment for pupils at our inclusive school

Thank you for remembering us in our mission to serve our Palestinian brothers and sisters, especially at this most troubling of times for us all

APPEAL ONE NEW VIRTUAL CARE MODEL OF THERAPY

Our aim is to have 150 families in
the West Bank enrolled to this
program

19 on-line sessions each month
for one family for one month

HK\$ 9,300

HK\$1,395,000

Appeal one

A new virtual care model of therapy

The Jerusalem Princess Basma Centre is now reaching children and families in the West Bank, still under a COVID-19 state of emergency, through a new virtual care model.

Our therapists are using digital tools to communicate in real-time with their patients to continue their therapy. Each family receives 19 on-line sessions each month including:

- 5 Physiotherapy sessions
- 5 Speech and language sessions
- 5 Occupational sessions
- 2 training session on staying safe from COVID-19
- 2 Psychosocial sessions



Under the guidance of therapists, Nadine's father has created a mini Rehabilitation centre at home.

To ensure a quality service, additional costs are included for multi-disciplinary team meetings, assessments and for devising Home Care Plans which enable the family to continue the treatment effectively.



Our aim is to have 150 families in the West Bank enrolled to this programme



HK \$9,300—cost for one family for one month.



HK \$1,395,000 needed.

For donations in Hong Kong

Please send cheques to 16/F, Tung Wai Commercial Building, 109-111
Gloucester Road, Wanchai, Hong Kong

<https://www.hkskh.org/OnlineDonation.aspx?lang=1>

HKSKH Archbishop Relief Fund

For Online donations, please mention **JPBC** in the message box and the donations will go to
Jerusalem Princess Basma Centre

APPEAL TWO RESIDENTIAL TREATMENT FOR CHILDREN FROM THE WEST BANK

Cost for a 10-15 day residential
Rehabilitation Program for one
child and Mother Empower
Program for the mother

HK\$ 38,762

HK\$ 3,876,200

Appeal two

Residential treatment for children from the West Bank

Following renovations to comply with new safety regulations, we will shortly be receiving children from the West Bank for treatment once again.

Children, often with multiple disabilities, are enrolled in the residential program at the rehabilitation center to receive a range of therapies.



Isra in therapy at the Child Rehabilitation Centre, before its temporary closure due to COVID-19.



The Mother Empowerment Program in operation.

They are accompanied by a parent who is invited to join the Mother and Family Empowerment Program. Here, they gain understanding of their child's disabilities as well as the training necessary to continue the therapy when they return home. They also receive help coping with the stress, cultural stigma, and pressures associated with raising a family with a disabled child.



HK \$38,762 —cost for a 10-15 day residential Rehabilitation Program for one child and Mother Empowerment Program for the mother.



HK \$3,876,200 —total cost needed.

For donations in Hong Kong

Please send cheques to 16/F, Tung Wai Commercial Building, 109-111
Gloucester Road, Wanchai, Hong Kong

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APPEAL THREE TREATMENT FOR PUPILS AT OUR INCLUSIVE SCHOOL

Aim to provide 81 children with disabilities a weekly package of therapies over an academic year

One pupil per month

HK\$ 2,985

HK\$ 241,785

Appeal three

Treatment for pupils at our inclusive school

Approximately one third of all pupils in the Princess Basma Inclusive School are children with disabilities. Many receive treatment in the adjoining Child Rehabilitation Centre as part of their education. 81 pupils at the Inclusive School need regular weekly therapy during the academic year. The school can secure only a small proportion of the cost.



Pupils at the Princess Basma Inclusive School.



We aim to provide 81 children with disabilities a weekly package of therapies over an academic year.



HK \$2,985—cost of treatment for one pupil per month.

For donations in Hong Kong

Please send cheques to 16/F, Tung Wai Commercial Building, 109-111 Gloucester Road, Wanchai, Hong Kong

<https://www.hkskh.org/OnlineDonation.aspx?lang=1>

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THE STORY OF HOPE

Mira was referred to the Jerusalem Princess Basma Centre from a clinic in Nablus as part of our Outreach Program. Here she talks about her hopes and dreams. Her story is one of fortitude and hope.

- **Mira's story:** <https://www.youtube.com/watch?v=VY2IBzIun0zo>

Ahlam received a late diagnosis of Cerebral Palsy, and as a result, missed out on treatment at a critical early age of development. Ahlam and her family are looking forward to creating a better future by changing cultural expectations for children with disabilities, especially for girls.

- **Ahlam's story:** <https://www.youtube.com/watch?v=bz4cYBQ4uS4>

Our hardworking team has recorded and edited this video virtually during the lockdown because we are determined to continue our service provision to our children, whatever the circumstances. We believe that each small step can lead to children's lives transformed and to lasting change.

- **JPBC response to COVID-19:** <https://www.youtube.com/watch?v=8sob2bHDmFo>

The Jerusalem Princess Basma Inclusive School promotes the right of education for all. Here, one third of all students have disabilities and within their school day, many receive treatment from the Rehabilitation Centre adjoining the school. This is a holistic approach to education for children and young people with disabilities which seeks to empower them and transform lives.

- **I deserve:** https://www.youtube.com/watch?v=_WfHR9j47JU&t=2s



ONLINE DONATIONS

Your donation is
needed and will
be greatly
appreciated

Ahmad's Voice: <https://youtu.be/Uh6XRqU8IH4>

بسمة Basma
مؤسسة الأميرة بسمة بالقدس The Jerusalem Princess Basma Centre

Project Hope

مشروع امل



We are now reaching children and families in the West Bank, still under a COVID-19 State of Emergency, through our new Virtual Care Program.

Each therapy session costs \$35.

Join us in our vision to find 100 new international friends willing to give \$35 towards the cost of one session of therapy for a Palestinian child each month.



Our therapists are using digital tools to communicate in real-time with children in order to continue their therapy during the restrictions. Given the success of this program, even after restrictions are lifted, this Virtual Care model will continue:

- To follow up on the home treatment plan for all children living in the West Bank after they end their residential program at the centre.
- To reach families in the West Bank who are not permitted to travel to Jerusalem, thus enabling more children to receive the treatment they need.

[Click here](#) to hear 'Ahmed's Voice', a short film describing why this Virtual Care Program matters to one Palestinian child.

Could you commit to providing one session of on-line therapy each month for a Palestinian child like Ahmed?

If so, please click on this link: <https://diopa.member365.com/publiclni/fundraisingCampaign/viewCampaign/7kVVq2OgDIJOAnV1SHG5Xw>